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# URBANDALE UNITED CHURCH OF CHRIST

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*A Just Peace and Open and Affirming Congregation*



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**OCTOBER 2009**

**THE CALL**

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### ***Sisters and Brothers in Christ,***

Some folks make the mistake of thinking that the church is not all that different from the other voluntary organizations in town, and therefore, that giving money to the church is much like giving it to the United Fund or donating one's time to the local PTA. Of course, these other voluntary organizations do much to enrich the lives of the larger community, but the church of Jesus Christ is distinct from all of them.

Unlike these other organizations, the church was created by that same incomparable power that created the universe and caused Jesus, dead and cold in the ground, to rise again. And since it was God's power that crafted the church, the church is God's community, not ours. The church does not belong to us and is not ours to manage. It belongs to no governing body, no pastor, no committee. It is God's possession. Our responsibility is to show that the church is still driven by the same raw, untamed power that created it. How do we do that?

We do it by bearing witness to God's new creation in which the brokenness of life is healed, sinners are forgiven, warring factions are reconciled, and walls of prejudice and hatred are torn down. To understand more about our identity and calling, we need to refer to the concept of covenant. According to the Bible, the Creator God freely enters into a special covenant relationship with the community of faith for the well-being of all creation. God pledges divine faithfulness to the covenant community along with assurance of divine love, protection, and guidance. In return, the covenant community promises to live in covenant faithfulness to the God who called it into being. God made that covenant with us in Jesus Christ, and every month in Holy Communion we renew that covenant. The church is the community in which that covenant is lived out.

Because of American culture's emphasis on individualism, it may be hard for us to understand that the church is a collective organism, a community. Paul uses the metaphor "the body of Christ." We are all members of it and are all gifted for doing something useful within it. In fact, we are so intricately interconnected that we all need each other; no one can do it alone. And that need for each other makes us humble, knowing that we need each other if we're going to be a servant people following a servant Jesus.

***Pastor Bob***

### ***"My home is not a place, it is people." ~ Lois McMaster Bujold***

Happy fall, y'all! It is good to be back in worship and fellowship with the UUC church family. I really appreciate the many casseroles, prayers, thoughts, gifts and expressions of love Katie, Sam and I have received. Life has definitely changed forever in our household. I am starting to understand and feel what parental love is all about. What an amazing love it is!

It is in the context of our beautiful and diverse (and often dysfunctional) families that we experience love. As we know, a family is not just with whom we share the same DNA; it is created where there is love for another. Last year at this time in Everyone Is Welcome (EIW), our theme was "Our Love is what makes us a Family." This unit was quite memorable because it showcased the many kinds of families we have here at UUC. Each of us has a unique story about how our families came to be. I am proud that UUC embraces our many families.

I pray that each of our families, within the context of the larger UUC family, are finding ways to nurture and care for one another. As we look forward to World Communion Sunday and Children's Sabbath, I am reminded of our responsibility and connectedness to other families around the world. This month in EIW we will learn about children of other countries and how special we all are as God's beloved children. If you are interested in helping plan for the Sundays in October for EIW and beyond, please let me know.

Take some time to ponder the many kinds of families to which you belong. What is your unique offering? How has your family influenced you? What do you want to teach the younger members in your family? How can I be a better member to my UUC church family? Thank you for your many offerings to the UUC family.

***Blessings, Rev. Amy Murray***

### *Greetings from the Moderator*

Dear members and friends of Urbandale United Church of Christ. Are you interested in mission? The Community Concerns team organizes many opportunities and experiences for UUCC members to engage in mission and outreach work. Those who are involved in this work are not necessarily the members of the Community Concerns team, but are members and friends of the church who see an outreach ministry as an integral part of their church involvement and an expression of their own relationships with God and their fellow human beings.

There are many ways you can become involved. You can join Sharon Johnson, Wendy Sontag, Liz Dopman, Sara Bisterfeldt, Marci Freer, Tom Rendon and Jo Lilley (Leadership Team liaison) as a member of the Community Concerns Team. Or you can participate in many activities the team has scheduled for the coming year. If you want to do something to alleviate hunger, you can join the Hunger Hike on October 11. Get your pledge envelope from Kathy Marean and walk in the hike, or make a contribution if you can't walk. You can help when our church provides meals to the Central Iowa Homeless Shelter at least two times each year. You can participate in the study, advocacy and action of AMOS (A Mid-Iowa Organizing Strategy) that will grow out of the many house meetings held at our church and others during August and September, or attend the AMOS town hall gathering on November 1. Four weeks each year, our church becomes a shelter for homeless families through the Interfaith Hospitality Network (IHN). There are many ways to help, including cooking, serving meals, being an overnight host, providing transportation, organizing supplies and doing laundry. It is easy to sign up in the Narthex in the weeks leading up to each IHN week. Or you can contribute food and personal care items for the Urbandale and Des Moines Area Religious Council food pantries on the third Sunday of each month. Ray Bowler serves as our church's liaison to the Urbandale Food Pantry. On October 6, the Community Concerns team has organized a special visit and presentation by John Campbell-Nelson, who serves as a missionary developing lay and clergy leadership on the island of Timor in Indonesia. John's work is supported by contributions from our church to Our Church's Wider Mission (OCWM).

During this past summer, members of our church under the direction of Perry Washburn helped build a Habitat for Humanity house. And mission isn't just for adults. Our children and youth have been doing mission projects in the Kids in Action program led by Jennifer Gardner.

Giving a hand is central to the faith of many UUCC members, and the Community Concerns team gives us many choices for ways we can join in. Thank you to the team and to everyone who participates in these critically important ministries.

Blessings upon all of us and those we serve.  
Amy Christensen, Moderator

### **New Church Website!**

By the time you read this, a new (and hopefully improved) church website should be up and running. Please visit and take a look around! The web address remains the same ([www.urbucc.org](http://www.urbucc.org)). If you have any comments or suggestions about the site, contact our volunteer web designer, Jane Robinette ([jane@urbucc.org](mailto:jane@urbucc.org)). And we are still in the process of adding more photos, so if you have any recent photos of church activities, please contact Jane!

*For pastoral emergencies, contact Pastor Bob at 712-320-0476, or email [bob.butterfield@urbucc.org](mailto:bob.butterfield@urbucc.org).*

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### *Faithful Stewardship of God's Graces*

Members of Urbandale UCC will use part of October and early November to consider their roles as faithful stewards of the gifts, or graces, that God has given each of us. For 2009, the stewardship theme of the national UCC is based upon *John 1:16*, “**From Jesus’ Fullness We Have Received, Grace Upon Grace.**” Through the sharing of four faithful stewards in our congregation, we’ll study God’s gifts of Time, Talent, Treasure, and Trust and what our response to those gifts might be. Adult Spiritual Formation class on the last two Sundays in October will also focus on stewardship.

Instead of a Consecration Sunday dinner as in the past, this year we will have a special Faithful Stewards Brunch on **Sunday, November 1**. It will be an opportunity to ask any questions you might still have unanswered about stewardship and how our gifts are used at Urbandale UCC. Then on November 8, we’ll have an opportunity to come together as a community during worship and make our pledges of Time, Talent, Treasure, and Trust for the 2010 church program year.

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### *Faithful Stewardship—Done Electronically!*

When you received your July quarterly statement from our Financial Secretary, Jennifer Gardner, did you notice the extra slip of paper that provided an opportunity to automate your giving by setting up electronic funds transfer, EFT? Urbandale Church is taking advantage of “StillspeakingMoney”, a service set up through a partnership between the national United Church of Christ office and Vanco Financial Services. Jennifer had asked SMI, the Stewardship and Mission Interpretation team, to find a way to provide this automated option in response to several requests she had received from those in our congregation.

Here is how it works: you authorize a specified amount of money to be electronically transferred directly from your checking or savings account to the church account. You also specify the frequency of the transfer to allow you to keep your check register up to date. It is fast, safe, and easy! The electronic transfer will cost you NOTHING. You save the cost of the check.

Urbandale UCC issues you a quarterly donation statement for your tax records, and your bank statements will provide you with a record of transfer as additional proof of your contributions.

As you consider your pledge for the 2010 church program year, please keep this option in mind.

### **OCTOBER FOOD PANTRY**

Let’s bring **tooth brushes** for October personal products and **instant potatoes** for the food item. Feel free bring something else if you prefer. Remember, the next Food Pantry Sunday is **October 18<sup>th</sup>**.

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### **Younkers Community Day—November 14**

Mark your calendars for Younkers Community Day on **Saturday, November 14**. You will have an opportunity to pick up booklets before and after the services in October. Please consider signing up to staff a table at Younkers that day. Watch the Sunday bulletin announcements for details. If you have any questions, please contact Linda Grathwohl at [linda.grathwohl@urbucc.org](mailto:linda.grathwohl@urbucc.org)

### **ORDINATION OF GAGE CHURCH**

You are invited to the ordination of Gage Church at Urbandale United Church of Christ on **October 17, 2009**, at 1 pm. A reception will follow the service.

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## SUNDAY SCHOOL: SUNDAYS, 9:00-9:45 AM

*Christian Education at Urbandale UCC is a spirit-filled adventure for all ages from 3 years to adult. Grades 5 and under follow the Gather 'Round curriculum, with lessons focusing on key stories of the Hebrew Bible and the New Testament. 6-8<sup>th</sup> graders and 9<sup>th</sup>-12<sup>th</sup> graders are guided by their teachers through units based on the big themes of Christian church life. Lessons use Bible study, film, drama, art, discussion, and other resources to explore ideas like worship, community, mission and stewardship.*

Preschool ..... Ed Wing 202                      Grades 3, 4 & 5 ..... Ed Wing 203  
Grades K, 1 & 2 ..... Lower Level 1              Grades 6, 7 & 8 ..... Fellowship Hall SE  
Grades 9, 10, 11 & 12 .... Fellowship Hall NW

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**Adult Spiritual Formation**, held in Fellowship Hall, 9:00-9:45:

**October 4:** *Hunger Hike*—Information presented by Kathy Marean and Joanne Andersen.  
**October 11:** *Iowa Conference UCC*—How the UCC organization works, with Ron Eslinger.  
**October 18:** *Our Churches Wider Mission (OCWM)*—Rev. Gayle Strickler presenting.  
**October 25:** *Faithful Stewards*—The Stewardship & Missions Team (SMI) will present information regarding UUCC's annual stewardship campaign.

**Bible Study**, held in the Pastor's Office, 9:00-9:45:

Discussion of each Sunday's lectionary text, led by Pastor Bob.

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*A Meal will be served from 5:45-6:30 pm (5:30-7:00 on the 2<sup>nd</sup> Wednesday)*

5:30-6:00	SOS Choir	1 <sup>st</sup> -8 <sup>th</sup> grade
6:00-6:30	Youth Handbells	4 <sup>th</sup> -Sr. High
6:30-7:00	Adult Handbells	Sr. High and up
7:00-8:30	Adult Choir	Sr. High-Adults
5:30-7:00	Games Night	Children age 4 & older
6:15-7:30	"Families Like Ours" program	LGBT Parents (alternate weeks)
6:45-8:00	Our Whole Lives (OWL)	7 <sup>th</sup> -9 <sup>th</sup> grades

From 5:00-7:30 pm, childcare is available. Ages birth through 3 years may play in the nursery with Judy Waters and Angie Kenna. Ages 4 and up may attend activities in Fellowship Hall or outside (weather permitting) with Jon Greising. Trained volunteers will help supervise both areas. If your child is not in one of the scheduled activities, please honor the safety policy and supervise him/her so that children are not unattended in the building.

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### Nursery Sign-In Information

We would like to welcome all of our new and returning guests to the UUCC Nursery during Wednesday Night Alive and All-Team Night. There are lots of familiar faces and also some new ones for us, so we'd like to start a sign-in system in the nursery. We'll be asking parents to come sign in their children when they come to the nursery. We'd just like to know each child's name, age, parent's name, where in the church we could find the parent if needed, and any special instructions for your child's care. We know we will get names down in a week or two and we know our little sign-in process will help with attendance records and verifying that you know where your children are in the building. Thank you so much for your help and we hope you enjoy attending programming at UUCC.

*Judy Winters and Angie Kenna*

### Safety Training for Volunteers of Children's Ministries

Are you considering volunteering with our children? Do you want more information on the *Safety Policy* and how you can support our children right here at UUCC? If so, please join Rev. Amy at the safety training on **Sunday, October 4<sup>th</sup>** in Fellowship Hall immediately following worship.

## **Be Part of Des Moines Area Hunger Hike's 40<sup>th</sup> Anniversary.**

*"You can't build world peace on empty stomachs and human misery." ~ Norman Borlaug*

Be part of filling empty stomachs; be part of building world peace; be part of the Hunger Hike, **Sunday, October 11<sup>th</sup>**. Our challenge: last year we raised \$1,895 and our goal this year is \$2,500! We need walkers, and if you can't walk, please donate! Entertainment highlights: Ambassador Kenneth Quinn, President of the World Food Prize Foundation, former Governor Robert Ray, and music by the New Anarchy String Band. Packets will be available before and after church in the narthex. Please see Kathy Marean or Sandy Gahn for more information.

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## **Potluck & Film: *African Soul American Heart***

On **Sunday, October 18**, UUCC will welcome Joseph Akol Makeer of Fargo, ND. As one of the many thousands of Lost Boys of Sudan, Joseph fled his home in 1987 at age 10. His mother and father had urged him to escape the genocide perpetrated by the Arab Muslim government of the north against the African Christian tribesmen of the south. He did not know they would walk for months before reaching Ethiopia. He survived the walk to Ethiopia and later to Kenya. His traumatic childhood was not dissimilar from the lives of twenty thousand other young boys who survived the exodus and resulting exile, growing to manhood in the Kenyan refugee camps. In 2003, Joseph, his wife and siblings traded the searing heat of the Kakuma desert for Fargo's frigid snowfalls. He chronicles his experiences in his book, *From Africa to America: The Journey of a Lost Boy of Sudan*. In December of 2007, twenty years after he left, Joseph returned to his village of Duk Payuel to film the documentary, *African Soul American Heart*. The African Soul, American Heart Foundation will help rebuild South Sudan by providing housing, food, clothing, and access to education and health care for orphans in Duk Payuel, a village in Jonglei State, South Sudan.

**Please join us on October 18** after church for a potluck and screening of the documentary *African Soul American Heart*. A free will offering will be taken to support the work of the foundation. For more information on Joseph or to order the book, go to [www.africansoulamericanheart.org](http://www.africansoulamericanheart.org).

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## **AMOS**

All the AMOS house meetings that have taken place this fall are all building toward a major AMOS event on **Sunday, November 1**, at 3 pm at the Polk County Convention complex in downtown Des Moines. The themes and issues raised in the meetings will be publicly unveiled. Like Luther did when he nailed his 95 theses to the church door in Wittenberg and started the Reformation, so AMOS will declare how the country has left too many out of the American Dream and what faith and politics demand we must do to reclaim it. What a way to celebrate Reformation Sunday!

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## **Interfaith Hospitality Week (IHN)**

Urbandale UCC will again be providing food and lodging for families experiencing homelessness in the Des Moines area. The next IHN host week runs from **November 1-8**. Volunteers will be needed to drive, prepare food, serve food, be overnight hosts, do laundry, and assist with set-up and tear-down. A detailed job description is available if you have questions. To help with these tasks, please sign up on the white board in the narthex. For more information, contact Tom Rendon, [tom.rendon@urbucc.org](mailto:tom.rendon@urbucc.org). Several times a year this is an opportunity to be engaged in a concrete act of charity that blesses the giver more than the receiver.

# October 2009

# Who... What... Where... When...

	<b>October 4 Communion</b>	<b>October 11</b>	<b>October 18 Food Pantry</b>	<b>October 25</b>
<b>Scripture</b>	<b>Psalm 8</b>	<b>Mark 10:17-31</b>	<b>Isaiah 53:4-6</b>	<b>Mark 10:46-52</b>
<b>Preaching</b>	Pastor Bob	Pastor Bob	Pastor Bob	Pastor Bob
<b>10:00 Liturgist</b>	Debbie Gannon	Faithful Stewards	Faithful Stewards	Faithful Stewards
<b>10:00 Music Leadership</b>	Adult Choir	Adult Choir Raggedy Band	Adult Choir Adult Handbells	Adult Choir SOS Choir
<b>10:00 Ushers &amp; Greeters</b>	Jeff Couch Laura Fefchak Jennifer Gardner Chris Jordan	Jerry Woods Dianne Woods Jim Nervig Robby Nervig	Linda Grathwohl Nancy Boyer Becky Dhainin Ray Bowler	Jan Maltby Craig Maltby Chris Gonzalez Jeanne White David Sampel
<b>10:00 Acolytes</b>	Diane Dornburg JoAnne Lilley	John & Nancy Young	Carter-Shields Family	Bagbey-Schott Family
<b>10:00 Nursery</b>	Monica Sutter Deb Beery	Clark Family Deb Beery	Alberta Bowler-Keeler Deb Beery	Debbie Gannon Deb Beery
<b>10:00 EIW Room*</b>	Carolyn Washburn	Susan Joynt	TBD	TBD
<b>Opening the Church</b>	Scott Gardner	Jeff Couch	Mark Siegel	Jerry Woods
<b>Offering Recorders</b>	Chris Jordan Ruth Rasmussen	Ruth Miller Tom Rendon	Steve Chandler Mark Siegel	Karen Capps-Davis Geri Jacobs Jim Nervig
<b>Sound Booth</b>	Scott Gardner	Scott Davis	Scott Gardner	Ray Bowler

\*EIW Room stands for "Everyone Is Welcome" Room.

**November 2009 CALL DEADLINE**  
**Thursday, 15 October – 9:00 am**

# Activities & Events

## October 2009

October 2009							November 2009								
S	M	T	W	T	F	S	S	M	T	W	T	F	S		
40					1	2	3	45	1	2	3	4	5	6	7
41	4	5	6	7	8	9	10	46	8	9	10	11	12	13	14
42	11	12	13	14	15	16	17	47	15	16	17	18	19	20	21
43	18	19	20	21	22	23	24	48	22	23	24	25	26	27	28
44	25	26	27	28	29	30	31	49	29	30					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				October 1	2	3
				6:30pm Private Group	5:00pm Wedding Rehearsal	4:00pm Jotzke/Torrier Wedding
4	5	6	7	8	9	10
World Communion Sunday 9:00am Sunday School 10:00am Worship: Communion 11:00am Safety Training	1:30pm Staff Meeting 6:30pm Christian Growth Team 7:00pm All Team Night	7:00pm Global Ministries Talk	5:00pm Wed. Night Alive 6:15pm LGBT Parents Group 7:30pm AA	3:00pm Hymn Sing, The Reserve 7:00pm Book Club	Bowtie Boyz Retreat & Cleanup, Pilgrim Heights State Women's Fellowship Retreat, Pilgrim Heights	
11	12	13	14	15	16	17
Faithful Stewards 1 9:00am Sunday School 10:00am Worship 1:30pm Hunger Hike	1:30pm Staff Meeting 7:00pm Leadership Team	9:30am Caregivers	1:00pm Women's Fellowship 5:00pm Wed. Night Alive 5:30pm Community Meal 7:30pm AA	CALL Deadline 5:00pm Wedding Rehearsal 7:00pm Movie Night	5:00pm Jones/Pfeifer Wedding	9:30am Prayer Shawl Ministry 1:00pm Gage Church's Ordination
18	19	20	21	22	23	24
Faithful Stewards 2 9:00am Sunday School 10:00am Worship 11:30am African Soul Potluck & Documentary 6:00pm Evening Women's Grp	1:30pm Staff Meeting	6:00pm Caregivers 2	5:00pm Wed. Night Alive 6:15pm LGBT Parents Group 7:30pm AA	6:30pm Private Group	9:30am Church Women United, Grace UMC 5:00pm Wedding Rehearsal	8:30am Women's Central Assn UCC, Newton 5:00pm McMahon/Kaller Wedding
25	26	27	28	29	30	31
Faithful Stewards 3 9:00am Sunday School 10:00am Worship 11:00am New Member Class 1 1:00pm Art Club	1:30pm Staff Meeting	6:00pm Cub Scouts	5:00pm Wed. Night Alive 7:30pm AA	6:30pm Private Group		4:00pm Private Group

**Congratulations** to Mary & James Schaeffer on the birth of their new granddaughter, Madison Emma Hahn, born in Ames on Wednesday, September 2, 2009. She weighed 9 lbs-10 oz and was 20½ long. Madison is the daughter of Amber and Brad Hahn, of Nevada, IA.



### Fall Book Club Selections

Book Club will meet **Thursday, October 8** at 7 pm, Chapters Café at the Urbandale Library. The book we'll be reading for October is *Mountains Beyond Mountains* by Tracy Kidder. If you love to read, please join us!

**Reminder:** Submit your receipts from *Beaverdale Books* to the can on the narthex table for 15% back to the church. Search for book ideas on the bookstore website: [www.beaverdalebooks.com](http://www.beaverdalebooks.com).

### Women's Fellowship

Women's Fellowship will meet at 1 pm on **Wednesday, October 14**. Everyone is welcome!

### Third Thursday Theater!

Are you hungry for a serious movie that has something meaningful to say about religion? On the third Thursday of every month, there will be an interesting feature film followed by a discussion. The October movie is "Smoke Signals," showing on **Thursday, October 15** at 7 pm in Fellowship Hall.



### PRAYER SHAWL MINISTRY

The Urbandale UCC Prayer Shawl Ministry is available to all the church family. Do you know someone who has had a significant loss, major surgery or is coping with a serious illness, going through a transition, and/or experiencing a difficult time? Please submit a request card found on the prayer shawl display in the narthex or email [prayer.shawls@urbucc.org](mailto:prayer.shawls@urbucc.org).

The Prayer Shawl group will meet on Saturday morning, the third week of each month in Fellowship Hall-NW. The next meeting will be **Saturday, October 17** at 9:30 am.

### Evening Women's Group

The Evening Women's Group will meet at 6 pm on **Sunday, October 18**, at the home of Amy Christensen. We will begin our discussion of the book *Speaking of Faith* by Krista Tippett. All are welcome—do not stay away if you do not have time to read the book! Treats, as always, will be provided. If you have any questions, please contact Wendy Sontag, [wendy.sontag@urbucc.org](mailto:wendy.sontag@urbucc.org), or Linda Grathwohl, [linda.grathwohl@urbucc](mailto:linda.grathwohl@urbucc)

### UCC Unique Card Creations

*UCC Unique Card Creations* has hand-made greeting cards available for purchase after worship the first Sunday of each month. Proceeds from greeting card sales are given to the general church budget. Contact Ann Boes, [ann.boes@urbucc.org](mailto:ann.boes@urbucc.org), for more information.

The **Art Club** will meet **Sunday, October 25**, from 1-4 pm at Jennifer Gardner's. Come for part of the time or the whole time—and bring your own projects or just yourself and a smile. We'll find a project for you!! New members are always welcome!

# The Caregiver's Corner:

## GRIEF

By Don Walters

There are times in our lives when we suffer a major loss. It can be the death of a family member or friend, the loss of a job, good health or retirement savings, or the loss of a vital family relationship(s). The emotions, which arise within us due to such a loss is known as a "grief." We cannot avoid this emotional process as hard as we may want to do or try to do. It's a natural part of life when we suffer a loss of something that is extremely important to us.

One first emotion in a grief crisis is often denial. We don't believe or want to believe that the event causing our pain has really happened. We put ourselves through useless mental gymnastics when we try to deny the reality of the situation that has come upon us. Some how we may trick ourselves into believing that the situation causing our grief will magically change or go away.

Another grief emotion is often anger. We become angry with the person(s) or event causing the grief crisis in our life. We may want to know the reasons for the loss, but have no answers. All we know is that we have been extremely hurt. We feel real pain, hurt and even anger. We cry real tears out of our pain.

Depression may set in during our grief crisis. We come to realize that we cannot change the situation that has come upon us. Thus our mind and spirit becomes depressed. We are deeply saddened by the reality of our loss and our inability to change it.

We may resort to bargaining with the loss that has hurt us. We may trick ourselves into thinking that the loss will change only if we say the right words and do the right things. We may make offers to the other party in an attempt to get them to change their mind about us in a loss that is the result of a broken relationship.

Finally we will come to a level of acceptance about the loss in our life. This typically will happen only after many cycles of all of the emotions of the grief process. We will feel a sense of inner peace and calmness about the loss that has come upon us.

It is very important for each of us to understand the grief process that we may be going through. One very important thing we need to do through the entire process is to feel our feelings. Failure to feel our feelings during this time of grief will cause our feelings to be suppressed within our body and mind. This is not healthy for any of us to have happen.

If you are experiencing significant grief due to a major loss in your life do speak to Pastor Bob, Debbie Gannon or Laura Fefchak. Talking about your grief can bring badly needed support, understanding and healing to you. Remember that even Jesus' disciples suffered grief when Jesus left this earth. Their grief was healed on the day of Pentecost with the outpouring of the Holy Spirit. That same healing is available to you!

### COMING EVENTS:

*Look for details of these and other coming events on the Community Events Bulletin Board!*

**Saturday, October 3:** *Lung Walk*, at Blank Park Zoo; 7:30 am check-in, 9:00 am walk begins.

**Saturday, October 3:** *National Alliance on Mental Illness (NAMI) Walks*, at Waterworks Park, 10 am.

**Friday, October 16:** *Wedding of Janet Jones & Denise Pfeifer*, 5 pm at UUCC. All are welcome.

**Friday & Saturday, November 6-7:** *Ecumenical ONA Training*, Grinnell, IA. More info on the website, [www.welcomingresources.org/trainings.htm](http://www.welcomingresources.org/trainings.htm).

**Saturday, November 7:** *Birthday Celebration for Mary Sherer*, 2:30-4:30 pm at The Village Maplecrest Dining Room, Indianola. She requests no gifts. Cards may be sent to her at 707 Robin Glen, Apt. 210, Indianola, IA 50125.

# URBANDALE UNITED CHURCH OF CHRIST

3530 70<sup>th</sup> Street ▪ Urbandale, Iowa 50322  
Phone: (515) 276-0625 ▪ Fax: (515) 276-2451  
[www.urbucc.org](http://www.urbucc.org)

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RETURN SERVICE REQUESTED

*“No matter who, no matter what, no matter where  
you are on life’s journey, you are invited and welcome.”*

## SUNDAY MORNING SCHEDULE

**9:00 Sunday School**

**10:00 Worship**

The Rev. Dr. Bob Butterfield, Interim Senior Pastor.....bob.butterfield@urbucc.org  
The Rev. Amy Murray, Ministry Program Coordinator ..... amy.murray@urbucc.org  
Elsie P. Naylor, M.M., Music Program Director .....elsie.naylor@urbucc.org  
Bobby Stinnett, M.M., Organist,  
Children/Youth Choirs and Handbells Director.....bobby.stinnett@urbucc.org  
Tara Aukes, Office Coordinator ..... tara.aukes@urbucc.org  
Sadmira Omerhodzic, Custodian ..... sadmira.omerhodzic@urbucc.org  
The Rev. Gayle Strickler, Jr.,  
Adjunct Minister for Community Concerns .....gayle.strickler@urbucc.org

**Church office hours are 9:00am – 3:00pm**